



Chalet. Floria Trail Run

Starting in downtown Chamonix, follow the yellow trail signs to La Praz – they’ll lead you to a flat dirt path along the river. Once you get to La Praz, cross the river to your left on a road bridge, walk to the other side of the road, and you’ll immediately spot trail signs directing you steeply uphill along a wide, shaded gravel path towards Chalet Floria. From this point, it’ll take only about 30 or 40 minutes to run/fast hike up to the chalet. The route is clearly marked, mostly gradual uphill with some flat and steeper sections. Follow the signs for Chalet Floria at trail junctions. Turn the last corner on the trail and Chalet Floria appears amid the trees. Mission accomplished!

To return, make the outing a loop by running a different path – the final kilometers of the UTMB and CCC. Head back on the wide gravel path, this time following trail signs that direct you towards Chamonix. Instead of diving to La Praz and heading back along the river, you’ll stay on the gravel track to complete the gradual decent into town. Once you reach the Chamonix outskirts, take any route you want towards the center of the village.

